***Irvine Girl's Swimming 2016***

***General Information***

Head Coach: Scott Hinman : email - scotthinman@iusd.org

Asst. Coach: Crystal Hinman & Ashley Yotter

Athletic Directors: John Phillips & Gary Russell

Athletic Secretary: Barbie Hinman 949-936-7000 ext. 7143

WEBSITE & CALENDAR - irvinehighaquatics.org

 Go to Women’s Athlete Calendar

 \*\*\*\*\*\* All practice times, Competitions and Team Events will be on this site.

 \*\*\*\*\*\* Check this site frequently as changes in schedules occur.

Forms & Expenses

Fair Share Contribution: All participants are being asked to contribute $125 to the Irvine Athletic Department as a Fair Share Contribution. Checks should be made to: Irvine High School \*Payment arrangement can be made by contacting Barbie Hinman in Athletic Office.

Physical: Must be on File or athlete cannot practice or play games.

 Get forms in Athletic Office from Barbie Hinman.

Athletic Code Agreement: Read and sign with your daughter. Understand that classroom

 conduct will affect participation.

Academic Eligibility: Maintain a 2.0 GPA from the previous grading period. This

 applies to both Quarter and Semester Grades.

Must Pass a minimum of 20 credits per grading period. NOTE: Although Athletics is a solid block class with 10 units awarded, the CIF will only recognize 5 units toward the

student/athlete's 20 credit minimum.

A ONE TIME ONLY probationary exemption may be granted if the GPA falls under 2.0 . There is no opportunity for probation if students does not pass 20 units of credit.

Booster Club: Looking for a Girl's Swimming Rep

Membership helps pay for Awards, Expensive Durable Goods, Banners, Recognition Plaques, Rings and more.......................

Team Equipment: Order Form for Suits, Shirts due NOW.

Practices

 Check Web Calendar

Feb 15 - May Full Practice Schedule Begins – Schedules vary by group.\* Check Web Calendar

 M – F 2:00 – 4:30 Blue Group Swim 3 Points each

 6:00 – 7:30am \*Green Group Swim 3 Points each

 M-Th-F 6:30 – 7:30am Strength 2 Points each

 Competitions : If missing an entered Meet -5 points each as scheduled

Practice is mandatory. Attendance will be taken and turned in on a daily basis. All absences require a phone call or note to the attendance office. Telling the coach is required however you must follow through with the attendance office. Detentions will be assigned by the attendance office for failure to clear absences.

In Addition, Reason for Absence must also be emailed to coach Hinman ON THE DAY OF THE ABSENCE. If the absence occurs on a COMPETITION DAY, you MUST call Coach Hinman as this will mean that immediate changes in the entire lineup must occur and TIME is of the essence.

Grades and Meet entry are affected by your attendance and participation. There are no automatic "A's" or credit.

The following Participation policy will be in effect unless unusual circumstances exist: 1) Varsity Letter must have 85% Participation Points earned with no missed entered Meets.

2) Lower Levels must have 80% Participation Points earned with no missed entered Meets.

3) Less than 80% will see Academic Grade/Credit Reduction for every 5%. 4) Individual with less than 80% participation points as of March 12th (4 weeks into season), will not be eligible for competition until they are over 80%.

5) Individuals with less than 80% participation as of the end of the 3rd quarter will be dropped from the team.

6) Individuals that fall under 80% for the remainder of the season will be dropped.

\*\*\*\* Spring Academic Break is part of our season and subject to equal participation points

\*\*\*\* Practice and Competition Calendar is found on our website irvinehighaquatics.org

Individuals with Chronic Injuries that prohibit them from practicing will be in jeopardy

of being removed from the competition team. Individuals too injured or ill to practice will not be allowed to compete.

Club Practice participation based on proving the athlete has Division 1 Consideration times.

Swimmers being allowed to practice with club teams must abide by all these policies and PROVE their practice participation with weekly reports to be turned in 4th period on the first day of each week.

Each athlete has been given a Participation Contract to be signed by both the Athlete and the Parent/Guardian. This must be turned in by Feb 27. Detentions to be assigned if late.

Meets(Competitions)

This is a competitive swim team program. All participants are expected to attend any and all meets they are entered in. All eligible swimmers will be entered in the Dual meets and League Finals and CIF Section and STATE Championships if Qualifying Times are met.

Relay Meets and Invitationals will be limited as entries are limited. Swimmers will be informed if they are not entered in the Relays or Invitational. ***For schedule purposes, always assume you may be entered.***

Meets take precedence over any other activities. Credit and grade will be affected for non participation. Uncommunicated absences the day prior to a Competition may result in the swimmer being scratched (taken out of) the Meet / Competition with loss of credit.

Transportation

Buses must be taken to and from events that a bus has been provided for. Athletes may not drive themselves. We STONGLY DISCOURAGE athletes going home with parents. IN AN EMERGENCY, this may occur if the parent is present and has made direct contact with the coach in charge. There are too many athletes to keep track of and someone will get left behind.

Most Saturday Events will involve Carpools. Athletes are expected to arrive at the competition site no later that 1 hour prior to the start of the Competition.

Equipment

Equipment forms will be handed out. Suit, team shirt, caps and minor incidentals.

Money is due with order.

Fund Raising and Events

The athletic department will not be paying entry fees for Relay Meets & Invitationals. All Invitational and Relay Meets must be paid by the team.

Invitational & Relay Meets Entered:

Irvine City Relays Varsity J.V. (Trying to enter All)

Villa Park Relays Varsity J.V. Frosh/Soph

Capo Relays Varsity Frosh/Soph

Foothill Swim Games Varsity

We need to raise approx $1,400 to pay for these competitions

Snack Bars

We would like to set up snack bars (in conjunction with the boy’s team) during our home contests. Coordinators and help are needed. Snack Bar Volunteer sign up will be emailed prior to the Home Meets.

Meet Management

We are need of computer and timing system managers for every Home Meet.

We need 3 parents per meet.